	Code:	
Complete Examination Presedure	0 = None	
Complete Examination Procedure  MOVEMENT RATINGS: Rate highest severity observed.	1 = Minimal, may be extreme	
	normal	
Rate movements that occur upon activation one <i>less</i> than	2 = Mild	
those observed spontaneously.	3 = Moderate	
	4 = Severe	
Muscles of Facial Expression	Date:	Date:
e.g., movements of forehead, eyebrows, periorbital area, cheeks;	(Circle one)	(Circle one)
include frowning, blinking, smiling, grimacing	0 1 2 3 4	0 1 2 3 4
Lips and Perioral Area	0 1 2 3 4	0 1 2 3 4
e.g., puckering, pouting, smacking <b>Jaw</b>	0 1 2 3 4	0 1 2 3 4
e.g., biting, clenching, chewing, mouth opening, lateral movement	0 1 2 3 4	0 1 2 3 4
<b>Tongue</b> Rate only increase in movement both in and out of mouth,	0 1 2 3 4	0 1 2 3 4
inability to sustain movement		
Upper (arms, wrists, hands, fingers)		
Include choriec movements, (i.e., slow, irregular, complex,	0 1 2 3 4	0 1 2 3 4
serpentine).	0 1 2 3 4	0 1 2 3 4
Do not include tremor (i.e., repetitive regular, rhythmic).		
Lower (legs, knees, ankles, toes)		
e.g. lateral knee movement, foot tapping, heel dropping, foot squirming, inversion and eversion of foot	0 1 2 3 4	0 1 2 3 4
Neck, shoulder, hips	0 1 2 3 4	0 1 2 3 4
e.g., rocking, twisting, squirming, pelvic gyrations	0 1 2 3 4	0 1 2 3 4
Severity of abnormal movements	0 1 2 3 4	0 1 2 3 4
Incapacitation due to abnormal movements	0 1 2 3 4	0 1 2 3 4
	No Awareness 0	No Awareness 0
Patients awareness of abnormal movements	Aware, No Distress 1	Aware, No Distress 1
Rate only patient's report	Aware, Mild Distress 2	Aware, Mild Distress 2
	Aware, Moderate distress 3	Aware, Moderate distress 3
	Aware, severe distress 4	Aware, severe distress 4
Current problems with teeth and/or dentures	No 0	No 0
	Yes 1	Yes 1
	No 0	No 0
Does patient usually wear dentures?	Yes 1	Yes 1

	Total:	Total:	
Staff Signature:		Date:	
Staff Signature:		Date:	

County of San Diego Health and Human Services Agency Mental Health Services

Client:

MR/Client ID #:

ABNORMAL INVOLUNTARY MOVEMENT SCALE (AIMS)

Program:\_

## **Examination Procedures**

Either before or after completing the Examination Procedure, observe the client unobtrusively, at rest.

The Chair to be used in this examination should be a hard, firm one without arms.

- 1. Ask client whether there is anything in his/her mouth (i.e., gum, candy, etc.) and if there is, to remove it.
- 2. Ask client about current condition of his/her teeth. Ask client if he/she wears dentures. Do teeth or dentures bother client now?
- 3. Ask client whether he/she notices any movements in mouth, face, hands or feet. If yes, ask to describe and to what extent they currently bother client or interfere with his/her activities.
- 4. Have client sit in chair with hands on knees, legs slightly apart, and feet flat on the floor. Look at entire body for movements while in this position.
- 5. Ask client to sit with hands hanging unsupported. If male, between legs, if female and wearing a dress, hanging over knees. Observe hands and other body areas.
- 6. Ask client to open mouth. Observe abnormalities of tongue movement. Do this twice.
- 7. Ask client to protrude tongue. Observe abnormalities of tongue movement. Do this twice.
- 8. Ask client to tap thumb with each finger as rapidly as possible to 10-15 seconds, separately with right hand, then with left hand. Observe facial and leg movements.
- 9. Flex and extend client's left and right arms, one at a time. Note any rigidity.
- 10. Ask client to stand up. Observe in profile. Observe all body areas again, hips included.
- 11. Ask client to extend both arms outstretched in front with palms down. Observe trunk, legs and mouth.
- Have client walk a few spaces, turn and walk back to chair. Observe hands and gait. Do this twice.